

# SMCSLHA

Presents

## Emily Rubin, MS, CCC-SLP

### " Emotional Regulation in Children and Adolescents with Autism Spectrum Disorders: Addressing Challenging Behavior in School Settings "

#### Course Description

This course will emphasize the critical role of emotional regulation on social communication skills and on a child's behavior in educational settings. Contemporary research has found that children who learn to regulate their emotional state are more able to relate to others, form peer relationships, self-monitor their behavior, and engage in positive social interactions. The development of emotional regulatory capacities, however, can be hindered by a number of factors, including, but not limited to, social communication and language delays, sensory processing differences, and inflexible learning styles.

This course will begin with a review of core developmental challenges in emotional regulation that are common in children with Autism, Asperger's Syndrome, and related social learning disabilities. Practical guidelines will then be offered to empower educators and instructional assistants with strategies for preventing emotional dysregulation and other challenges that lead to challenging behaviors. An emphasis will be placed on providing hands-on strategies for fostering emotional regulation capacities across the developmental continuum. Video case examples will be used to illustrate how clinicians, educators, and families can directly apply learning strategies across a variety of settings (e.g., home, school, and community).

#### WHEN

Friday, February 5, 2010  
8:30 am-4:00 pm  
Registration 8:00-8:30

#### WHERE

San Mateo County Office of Education  
101 Twin Dolphin Drive, Redwood City, CA  
From US 101, exit Ralston Avenue/Belmont. Go toward Marine World Parkway. Right on Twin Dolphin Drive. Turn left onto Lagoon Drive. Turn right into SMCOE parking lot.

#### COST

\$65 to current members; \$100 to non-members; \$30 to current students

#### CONTINUING EDUCATION

This course meets the qualifications for 6 hours of continuing professional development credit for SLPs as required by the CA Speech-Language Pathology and Audiology Board Provider PDP 32

---

#### WORKSHOP REGISTRATION FORM

"Emotional Regulation in Children and Adolescents with Autism Spectrum Disorders: Addressing Challenging Behavior in School Settings"

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ City & Zip Code \_\_\_\_\_  
Employer \_\_\_\_\_ Work Phone \_\_\_\_\_

( ) \$65 SMCSLHA member      ( ) \$100 Non-Member      ( ) \$30 Current Student

Detach and return with a check to:

SMCSLHA c/o Robin Mendoza \* 108 Arundel Road \* San Carlos, CA 94070

TO ENSURE YOUR SPACE REGISTER BY **1-29-2010** \* **NO PURCHASE ORDERS** \* **NO REFUNDS**  
**NO CREDIT FOR PARTIAL ATTENDANCE**