

Emily Rubin and SCERTS returns!

Sonoma County SELPA presents

Emotional Regulation in Children and Adolescents with Autism Spectrum Disorders: Addressing Challenging Behavior in School Settings

Monday, April 21, 2008

This course will emphasize the critical role of emotional regulation on social communication skills and on a child's behavior in educational settings. Contemporary research has found that children who learn to regulate their emotional state are more able to relate to others, form peer relationships, self-monitor their behavior, and engage in positive social interactions.

The course will begin with a review of core developmental challenges in emotional regulation that are common in children with high functioning autism and Asperger Syndrome. Practical guidelines will then be offered to empower educators with strategies for preventing emotional dysregulation and other challenges that lead to challenging behaviors. An emphasis will be placed on providing hands-on strategies for fostering emotional regulation capacities across the developmental continuum. Video case examples will be used to illustrate how educators can directly apply learning strategies across a variety of settings. Basic knowledge of the SCERTS model is assumed.

Date: Monday, April 21, 2008
Time: 8:30 AM (promptly) to 4:00 PM (registration from 8:00 to 8:30 AM)
Location: Sonoma County Office of Education, Redwood Rooms
Presenter: Emily Rubin, MS, CCC-SLP, Director of Communication Crossroads Services for Children with Autism; Co-Author of SCERTS Model
Audience: Educators of all disciplines, especially Psychologists, Special Ed and General Ed Teachers, Inclusion Specialists, Speech/Language Specialists, OT's
Cost: Free for Sonoma Co. public school educators; \$50 for all others

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Registration for Emotional Regulation in Autism Spectrum Disorders 4/21/08

1. Please send completed registration form (and check for \$50 made to "Sonoma County SELPA") to Sonoma Co. SELPA, 5340 Skylane Blvd., Santa Rosa, CA 95403. Attention: Kelly Cook.

2. If you are a Sonoma Co. public school educator, you may fax the form to SELPA at (707) 524-2754 or register online at www.scoe.org. Click on *Get Training*, *Online Registration*. Select 'SELPA.'

Sorry, no phone registrations, no purchase orders. Deadline is Thursday, April 17, 2008

No cost to Sonoma County public school educators; \$50 for all others.

Call Kathy Bregder if you have questions regarding workshop content, (707) 524-2761. Please do not call Kathy to register.

Name: _____

School: _____ **e-mail:** _____

School Address: _____

Phone #: _____ **District:** _____